

Kung Pao Chicken

Main ingredients:

Chicken thigh (20g)

Diced green onion (50g)

Cooked peanuts (25g)

Cooked cashew nuts (25g)

Sliced garlic (5g)

Sliced ginger (5g)

Dried chilli (5g)

Ingredients:

- A. Salt (2g), rice wine (5g), sugar (1g), egg (1/3), corn flour (6g)
- B. Sugar (30g), salt (3g), rice vinegar (50g), corn flour (10g)

Method:

- 1. Mix and pickle the diced chicken thigh with seasoning (ingredients A).
- 2. Heat the oil in a heated wok first, and fry the pickled chicken and diced green onion until the chicken is cooked.
- 3. Cook the sliced garlic and ginger, dry the red chilli segment first, add the cooked chicken and onion, and then stir-fry the cooked peanuts, cashew nuts and ingredients B.

Tips:

- 1. Cook the fried chicken and diced onion for one minute to elevate the taste.
- 2. Turn off the fire when adding the peanuts and cashew nuts to keep them crispy.



Mapo Tofu

Main ingredients:

Tofu (1pc)

Minced beef 50g

Ingredients:

Scallion 5g

Minced ginger 5g

Spring onion 5g

Fermented Soy bean 20g

Sugar 5g

Sesame oil 8g

Chili oil 8g

Rice wine 5g

Soy sauce 25g

Soy bean paste: 15g

Chili powder 8g

Sichuan peppercorn chili powder 3g

Methods:

- 1. Cut tofu into 3cm cubes, boil with hot water for 5 minutes
- 2. Fry the minced beef until golden brown
- 3. Fry ginger, scallion, soybean paste, chili powder, add tofu, rice wine



and water until it covers 2/3 of the tofu. Add sugar, soy sauce and half of the minced beef, cook with low heat for 5 minutes, reduce the sauce and add fermented soybean, stir fry it for 2 minutes.

4. Plate it and add another half of the minced beef, sprinkle the spring onion and Sichuan peppercorn chili powder.

Tips:

 No need to add extra salt as the soybean paste gives enough flavours to it already.



Braised beef brisket with potatoes

Main ingredient: (for 4pax)

Beef brisket: 1.6kg

Potatoes: 600g

Ingredients:

seafood sauce: 65g

Oyster sauce: 65g

Rice wine: 30g

Bean paste: 16g

Soy sauce: 32g

Icing sugar: 24g

Ginger slice: 80g

Leek: 1 stem

Spice bag: 1

Methods:

- 1. Cut the beef brisket into 4cm square, boil it for 5-8 minutes till the impurities come out.
- 2. Fry the ginger slice until golden colour
- 3. Fry the leek until golden colour
- 4. Fry the seafood sauce and add beef briskets until the smell comes out, add water until it covers the beef, add spice bag, oyster sauce, soy sauce and a bit salt, turn to low heat and stew for 2-2.5 hours.
- 5. Skin off the potatoes, deep fry until golden colour, add into the beef stew and reduce the sauce.

Tips:

- 1. Don't add extra water when stewing the beef.
- 2. When reduce the sauce, use low heat so the beef and potatoes can absorb the sauce better.